

Very Brief Advice on Smoking Cessation – Online Training

Module 3: Active Referral of Smoking Cessation Service

Self-assessment Questionnaire

1. Which of the following is **NOT** a smoking cessation intervention?
 - A. Counselling
 - B. Acupuncture
 - C. Heated tobacco products
 - D. Nicotine replacement therapy
2. Which of the following setting is/are used by local smoking cessation services?
 - A. Hotline
 - B. Mobile service centre
 - C. Clinic
 - D. All of the above
3. What is/are the strength(s) of local smoking cessation services?
 - A. They are mostly free of charge
 - B. They also operate in the evenings and at weekends
 - C. Services are available across all 18 districts of Hong Kong
 - D. All of the above
4. Which one(s) is/are **CORRECT** about the Quitline?
 - A. Provide information on craving management and use of nicotine replacement therapy
 - B. Act as a referral hub to cessation services
 - C. Counselling is provided by registered nurses
 - D. All of the above
5. What of the following step(s) is/are needed for referral to smoking cessation service?
 - A. Seek smokers' consent for active referral
 - B. Document smokers' contact history for referral
 - C. Document smokers' medical history for referral
 - D. Ask smokers to choose their preferred service providers

(Please scroll down for answers)

Acknowledgements

Answers: 1.C, 2.D, 3.D, 4.D, 5.A